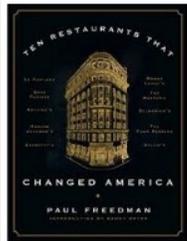


What to Read Next



Author Talk:
Dr. Paul Freedman
Ten Restaurants That Changed America
 March 6 at 5:00 PM

Combining a historian's rigor with a foodie's palate, *Ten Restaurants That Changed America* reveals how the history of our restaurants reflects nothing less than the history of America itself. Whether charting the rise of our love affair with Chinese food through San Francisco's fabled The Mandarin, evoking the richness of Italian food through Mamma Leone's, or chronicling the rise and fall of French haute cuisine through Henri Soulé's Le Pavillon, food historian and Yale Professor Paul Freedman uses each restaurant to tell a wider story of race and class, immigration and assimilation. Copies of the book will be available for purchase and signing.



What's Your Genre?

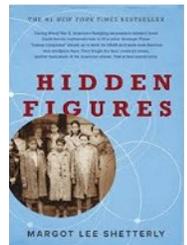
Diane greatly enjoys cooking, and she notes, "At the end of a busy week, if I need ideas for a special meal or to try something new, I love to curl up on my couch with a bunch of cookbooks. Just flipping through the pages inspires and relaxes me. I think like everyone else, I have my 'go to' favorites, but I enjoy seeking out new cookbooks as they are added to the library collection."

She recommends three favorite titles: *Barefoot Contessa Back to Basics* by Ina Garten, *Endless Summer Cookbook* by Katy Lee and *Silver Palate Cookbook* by Julee Rosso.

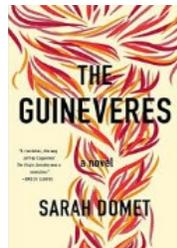
Monthly Staff Favorites

Norma: *Hidden Figures* by Margot Lee Shetterly.

Starting in World War II and moving through to the Cold War, the civil rights movement, and the space race, Shetterly provides the interwoven accounts of Dorothy Vaughan, Mary Jackson, Katherine Johnson, and Christine Darden. These four African American women participated in some of NASA's greatest successes.

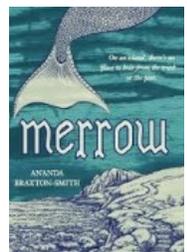


Claire: *The Guineveres* by Sarah Domet. To four girls who have nothing, their friendship is everything: they are one another's teachers, confidantes and family. The girls are all named Guinevere: Vere, Gwen, Ginny, and Win, and it is the surprise of finding another Guinevere in their midst that first brings them together. All of them are dropped off by their families at the Sisters of the Supreme Adoration convent via different paths, as well as with unique reasons.



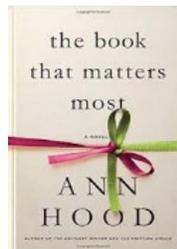
Jessica: *Merrow* by Ananda Braxton-Smith.

Enduring whispers about her absent mother's alleged merrow origins after her father drowns, twelve-year-old Neen questions her identity as she becomes increasingly torn between the worlds of the sea and her island home. This summer, all the talk will end in trouble.

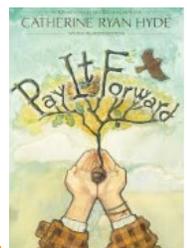


Emily: *The Book that Matters Most* by Ann Hood.

Ava's twenty-five-year marriage has fallen apart, and her two grown children are pursuing their own lives outside of the country. Ava joins a book group, which has a goal throughout the year for each member to present the book that matters most to them. Alternating with Ava's story is that of her troubled daughter Maggie, who, living in Paris, descends into a heroin addiction.



Heather: *Pay it Forward: Young Readers Edition* by Catherine Ryan Hyde. The internationally bestselling book that inspired the "Pay It Forward" movement is now available in a middle grade edition. This is an appropriate and invaluable complement to lesson plans, as well as an ideal pick for book clubs, classroom use, and summer reading.



National Nutrition Month:

National Nutrition Month focuses attention on the importance of food choices and sound eating habits. Since the theme for 2017 is "Put Your Best Fork Forward," these resources represent a few of our recommendations to help you make the best selections for your health!



Have a question, comment, or suggestion? [Contact us!](#)

Call us at 860-767-1560, or drop by the Essex Library at 33 West Avenue in Essex, CT.



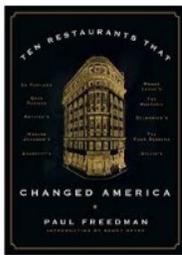
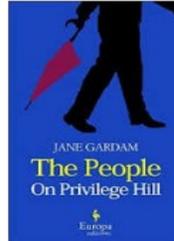
What to Read Next



Monthly Staff Favorites Continued...

Valerie: *RoseBlood* by A.G. Howard. Rune Germain, whose voice has been compared to that of an angel, has a mysterious affliction linked to her talent that leaves her sick at the end of each performance. Convinced creative direction will cure her, she is shipped off to a French boarding school for the arts, at a renovated opera house, rumored to have ties to the Phantom of the Opera and something otherworldly.

Amy: *The People on Privilege Hill* by Jane Gardam. This collection of short stories range from a tale about a Victorian mansion which was converted into a home for unmarried mothers, to a wartime hospital which is the scene for a job interview in the middle of the Blitz, to a one-night stand (and its ironic punishment) and more. Gardam is a master of the short story.



Ann: *Ten Restaurants That Changed America* by Paul Freedman. Freedman reveals how the history of our restaurants reflects nothing less than the history of America itself. Whether charting the rise of our love affair with Chinese food through San Francisco's fabled The Mandarin or evoking the richness of Italian food through Mamma Leone's, he uses each restaurant to tell a broader story.

Anna: *Blue Lily, Lily Blue* by Maggie Stiefvater. Blue Sargent has found things. For the first time in her life, she has friends she can trust, a group to which she can belong. The Raven Boys have taken her in as one of their own. Their problems have become hers, and her problems have become theirs. But, certainties can unravel at any time...



Richard: *11/22/63: A Novel* by Stephen King. On November 22, 1963, three shots rang out in Dallas; President Kennedy died, and the world changed. What if you could change it back? When Jake's friend Al divulges that his storeroom is a portal to the past, he takes over Al's mission to prevent the Kennedy assassination.

"What to Read Next" Celebrates Its One Year Anniversary!



Thank you for helping ensure the success of the Essex Library's readers' advisory newsletter! We appreciate your continued interest in our monthly publication and welcome your input as we enter our second year. Cheers! Amy & Emily



Introducing Shoutbomb:

Shoutbomb is a new service enabling you to receive text notices about library holds, resources due soon, overdue items, and much more. After signing up, you can renew eligible items from the convenience of your phone!

Access Magazines, eBooks, and Audiobooks 24/7

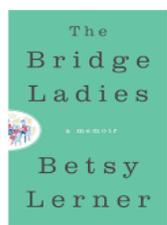


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www.youressexlibrary.org

ELA Book Groups:

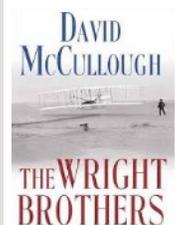
First Thursday
March 2
4:00 PM
The Bridge Ladies



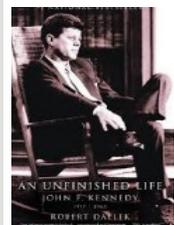
Classics Book Group
March 9
5:30 PM
1984



Third Wednesday
March 15
10:30 AM
The Wright Brothers



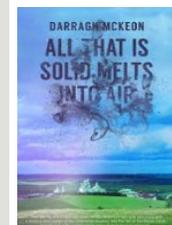
American History
March 16
5:00 PM
An Unfinished Life



Whodunit Walking
March 21
5:30 PM
Haunted Ground

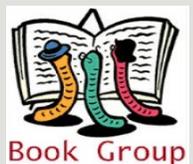


Historical Fiction
March 28
10:30 AM
All That is Solid Melts into Air



Join a Book Group!

Do you like a lively discussion with other book enthusiasts?



Check our website for more information or reading suggestions! Read our "What to Read Next?" webpage to learn more about the services Essex Library offers, as well as what our librarians are reading: www.youressexlibrary.org/what-to-read-next/



Have a question, comment, or suggestion? Contact us!

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